

Modified PE

Mr Hartwig

Weekly Walking Log

STUDENT NAME:

	<u>Date</u>	<u>Location</u>	Distance for 30 Minute Walk	
			<u>STEPS</u>	
1				
2				
3				

Instructions:

- 1 **Submit to me by Sunday at 5:00 pm via email -hartwigk@luhsd.net**
- 2 Use your Smart Phone or any other tracking device to calculate your distance for three 30 minute walks per week.
- 3 Fill in log above with your information for each walk.

Modified PE

Mr Hartwig

Weekly Walking Log

STUDENT NAME:

	<u>Date</u>	<u>Location</u>	Distance for 30 Minute Walk	
			<u>STEPS</u>	
1				
2				
3				

Instructions:

- 1 **Submit to me by Sunday at 5:00 pm via email -hartwigk@luhsd.net**
- 2 Use your Smart Phone or any other tracking device to calculate your distance for three 30 minute walks per week.
- 3 Fill in log above with your information for each walk.